



Train the Trainer

Come and learn how to teach *Small Steps to Health and Wealth*[™] curriculum and *Making Every Dollar Count* to your clients!

Saturday June 26th

9:00 a.m. – 3:00 p.m.

Pima County Cooperative Extension Office
4210 N. Campbell Ave.

Participants will learn:

- ❖ 25 Small Steps to Health and Wealth[™]
- ❖ The impact of health on finances and finances on health
- ❖ How to set health and wealth goals

Participants will be expected to:

- ❖ Take action & teach curriculum to your program participants
- ❖ Report workshop participants & topics taught
- ❖ Gather pre/post surveys from participants

Participants will receive:

- ❖ The *Small Steps to Health and Wealth*[™] workbook written by Dr. Barbara O'Neill, CFP and Dr. Karen Ensle, RD & *SSHW Instructor Guides*

PRE-REGISTRATION IS REQUIRED

This is a free workshop for collaborating partners with Grandparents Raising Grandchildren and Supplemental Nutrition Assistance Program and \$25.00 for the general public!

For registration and additional information,

Contacts: Maureen Milazzo milazzo@email.arizona.edu or

Linda Block: lblock@cals.arizona.edu Call 520-626-5161



<http://www.njaes.rutgers.edu/sshw>

Pima County



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